



# November 3, 2024

TODAY'S TOPIC:  
**Prayer Beads**

### SCHEDULE

- :00-:05 =
- :06-:12 = Circle #1 Community
- :12- 25 = Circle #2 Lesson
- :25-40 =
- :40-55 =
- Say affirmation as they leave

### EXTRA NOTES

#### NOVEMBER SONG:

One Great Power

## Circle #1: Community

| Community Question  | Expectations  | Thinking Job                                   |
|---|---|--|
| What is your name, age, and what is one person/place/thing where you see God today? | <ul style="list-style-type: none"> <li>• Be kind</li> <li>• Show respect</li> <li>• Ask for help</li> </ul> | <b>What kind of beads are good for prayer?</b> |

## Circle #2: Lesson

| Materials   | Things to Prepare   | Today's Goal  |
|---|---|---|
| <ul style="list-style-type: none"> <li>• Sample rosary and mala beads</li> <li>• Bead making supplies including stretchy string, beads, and infinity charms</li> <li>• Special bags for prayer beads</li> </ul> | <ul style="list-style-type: none"> <li>• Start lesson early</li> <li>• Set up beads in the best way for creating prayer bracelets or necklaces</li> </ul> | Know what prayer beads are, that they are found in many religions, and they are a great tool for meditative prayer. |

**SPIRITUAL MOVEMENT = Shake Your Sillies Out**

**CANDLES =**

**SING AND SIGN = Surely the Presence**

**BASKET =**

**PRAYER =**

**LESSON= NOTE! This lesson is very short as the hope is each child will create a bracelet or necklace to take home. Please plan enough time for the creation process.**

**SHOW:** Mala beads and rosary beads.

**ASK:** Does anyone know the name of these kinds of beads? This one is called a rosary, and this one is called a mala. Many different religions use beads to pray.

**ASK:** What are some things you notice about these two sets of prayer beads? Mala – most of the beads are the same, special bead and tassel at the bottom. Rosary – different types or sizes of beads, special bead at the bottom. ***You can use the two reference sheets to say more depending on your class.*** Point out that the bead at the bottom is special and represents God.

**SAY:** Using prayer beads is usually a meditative prayer where there is something special you say over and over for each type of bead. You hold the bead, you say it, then you move to the next bead and say it again. When I say that over and over, I know God hears it plus it makes it easier for me to hear God.

**SAY:** How to use your prayer beads:

- They can be used anywhere, but a quiet spot is best.
- Decide what you want to say – an affirmation, an intention, or whatever words work for you.
- Start with the special bead.
- Move to the next bead and repeat your special words.
- Continue until you have made it all the way around your beads.

**ACTIVITY:** Follow the directions to create a prayer bracelet or necklace. ***You can stagger the number of people making prayer beads if that is helpful for your class and you can finish on time.***

**AFFIRMATION:** I can use cool things to create my prayer. Repeat 4x.

**Today's Affirmation: I can use cool things to create my prayer. X4**

**Take Home:** Prayer Beads



# Diagram of a Mala Necklace



# MAKING PRAYER BEADS

**Explain** = However you choose to make your prayer beads is the right way. Some people create a pattern with their beads. Each person will get an infinity symbol as their special bead. An infinity symbol stands for how all things are connected, and God is a part of all things.

**Supplies** = Each child will get a paper plate to hold their beads, an infinity symbol, and a string cut to the appropriate length for a bracelet or necklace depending on their preference. Be sure to leave enough room to tie it off.

**Beads** = Each child can gather the beads they want and place them on their plate before they start. This is especially important if they want to make a pattern. There is no right number of beads or right way to do this, but each child's prayer beads should include the infinity symbol. They can always add more beads to their plate, but having some to start with is helpful.

**Start** = Help them tie a knot around one bead to act as an anchor. If needed, you can cut this bead off at the end when you tie the string together. You can also use the infinity symbol as your first bead if that is helpful.

**Process** = String the beads.

**Finish** = Tie off the beads.

**Bag** = Place the beads in a bag with the child's name. There are special bags because these are special beads.