

TODAY'S TOPIC: Friendship

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What makes someone a good friend?

Lesson

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Materials	Things to Prepare	Today's Goal
● n/a	● n/a	Know what it means to be friendly, and that you can use the spiritual law of attraction to have more friends.

ASK: What is friendliness?

- Being interested in other people. being warm and courteous.
- Happily sharing the things you have.
- Caring without being asked to care.
- **ASK:** Can you only be friendly to your friends, or can you be friendly to anyone? **ASK:** Why would you want to be friendly?
 - To share with others.
 - To feel good.
 - To make others feel good.
 - To have fun.

ASK: How do you know when someone is being friendly? **OR** What are some ways you can be friendly? Is it how they look, how they act, what they say?

- Smile
- Say hello.
- Introduce yourself.

What does being friendly look like when someone new moves to your neighborhood? Have everyone turn, smile, say hello, and introduce themselves to the person sitting next to them.

• Include people in your activities.

What does being friendly look like when you are playing games at recess on the playground?

• Get to know someone by asking questions about them.

What does being friendly look like if your parents invite over a family with kids you have never met?

- Being a good listener when someone is talking.
- Doing things together.
- Inviting people over to your house.
- Showing happiness when you are together.
- Asking how to help if someone is sad.

What does being friendly look like if one of your friends looks like they have been crying? ACTIVITY: Think about your friends. What makes someone a good friend?

Use the dry erase board to write down ideas and characteristics. See if you can generate conversation before adding these ideas.

- Honest
- Good listener
- Fun to be around.
- Accept you for who you are.
- Kind
- Good at sharing

ASK: Do you ever wish you had more friends? You can use the spiritual Law of Attraction to have more friends. The Law of Attraction says that what you think about, what you put out into the world, comes back to you even more. So, the best way to have more friends is to be a good friend. By being friendly, you attract friendly people to you.

BONUS: God is always your friend!

AFFIRMATION - I attract good friends. repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <u>https://www.milehichurch.org/youth-family/</u>.