



TODAY'S TOPIC:
Vacation Time

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

How does it feel when I go on vacation?

Lesson

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> Vacation cards 	<ul style="list-style-type: none"> Create vacation cards with fun and unusual objects. Some ideas attached to this lesson. 	Know your good vacation feelings are available to you any time.

PLAY: *Vacation Game*

Make up a vacation story as a group. Have everyone draw a “card”. The teacher can start the story about a crazy vacation we are taking together. The story should be told from the perspective of “I/my” and “we/our”. Encourage everyone to use an “I” or “we” when it is their turn. For example, “I found this sparkly, magic crystal when we went to the cave.” “We ate ice cream with the dragon.” Everyone gets one sentence to add about this crazy vacation based on their card. It can be as silly and impossible and fun as the kids want. You can draw more cards and continue the story.

ASK: Vacations can be fun and sometimes crazy. Ask vacation related questions:

- What is your favorite way to travel? Car? Train? Bus? Plane? Bike? Other?
- What do you like to do on vacation? Sightseeing Theme
 Parks Reading Eating Shopping Other

- What country/place would you like to visit?
- Describe your dream vacation: Where are you? What are you doing? Who are you with? What season is it? **How do you feel?**

ASK: Think of those good and happy vacation feelings. What are some things you can do before you go to help you have good and happy feelings? Affirm, imagine how you want it to be. Can you get some good vacation feelings anytime? Also affirm and imagine.

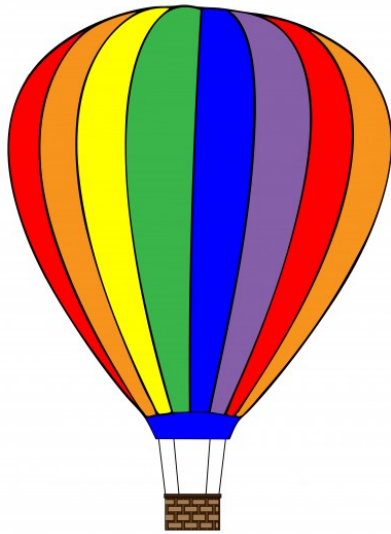
ASK: What can you do if your vacation has some problems come up?

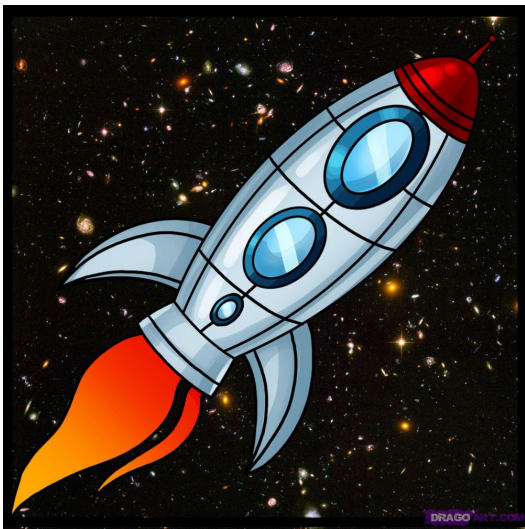
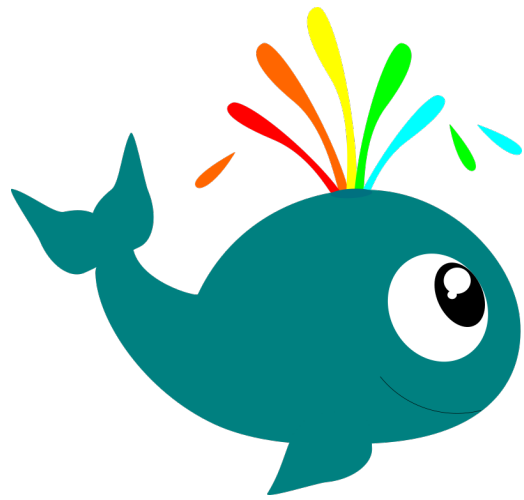
ASK: What does God/Spirit have to do with vacations? God is with us no matter where we are. God only wants the best for us on vacation and all the time.

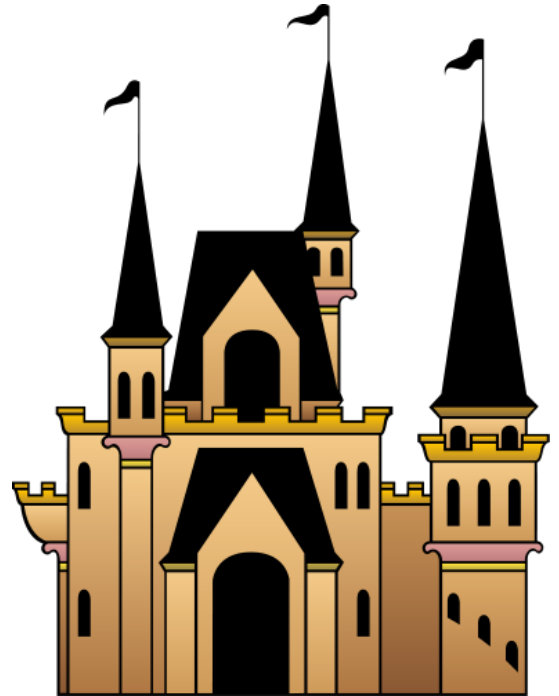
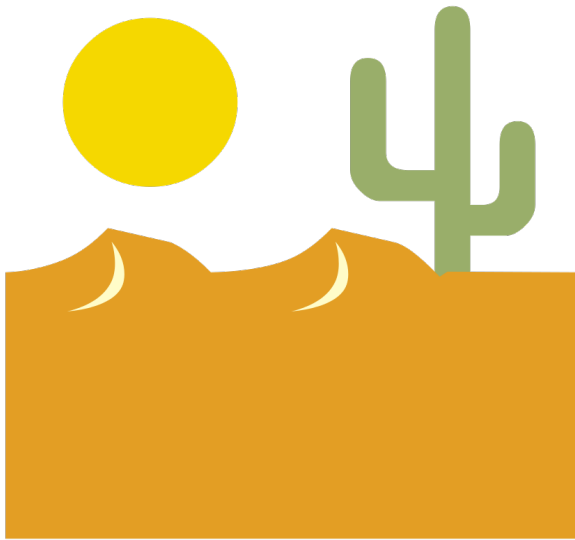
AFFIRMATION: I can find fun all the time! X4

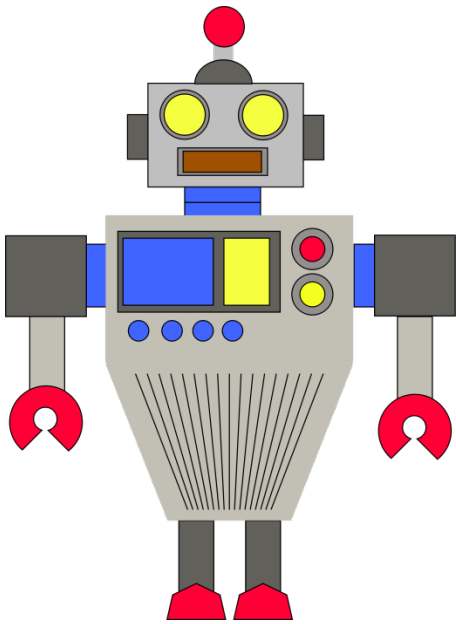
AFFIRMATION –repeat 4X

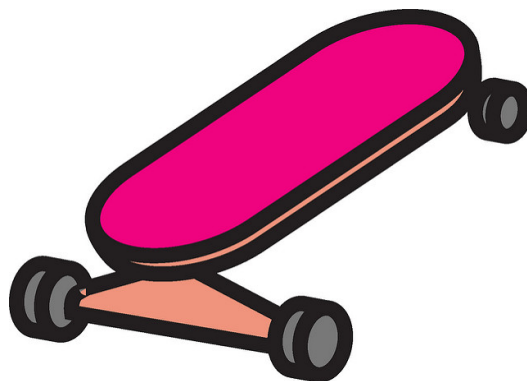
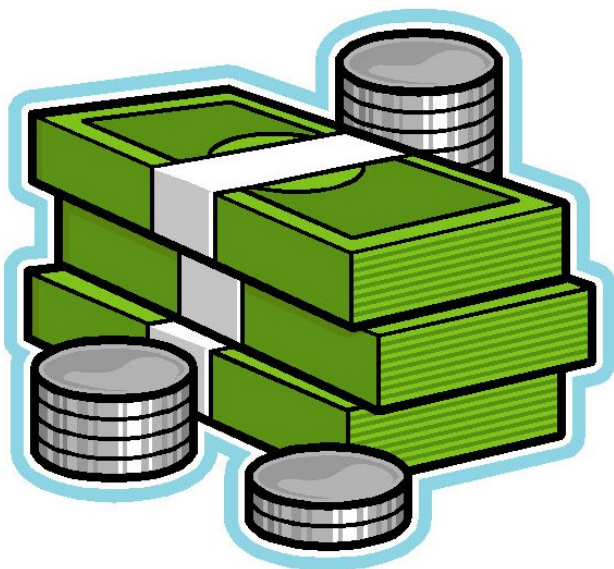
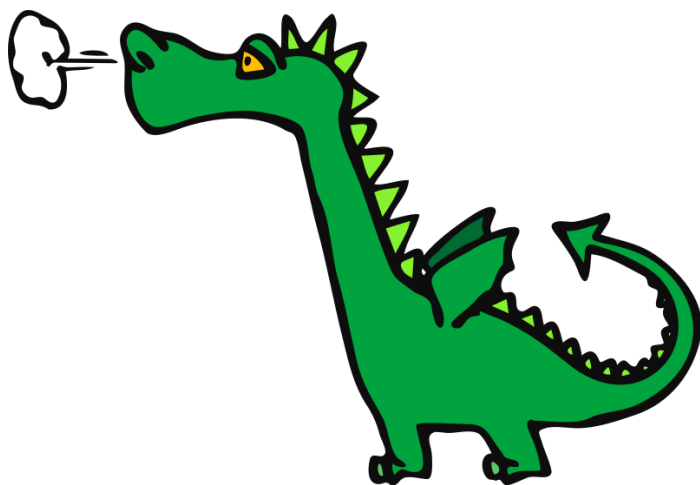
Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .

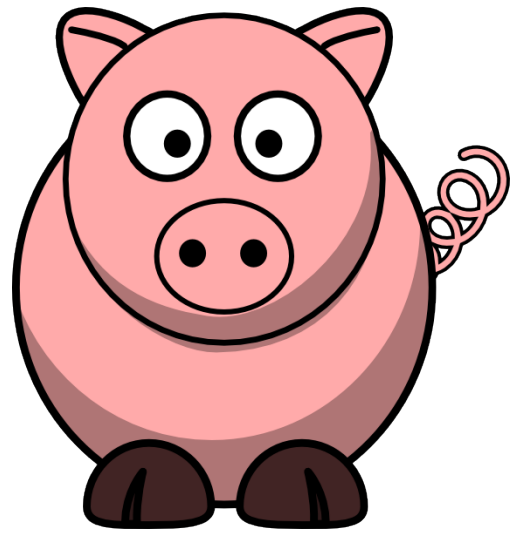
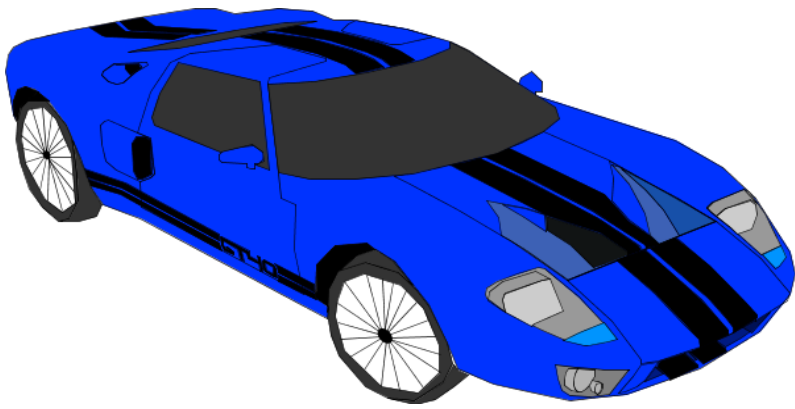




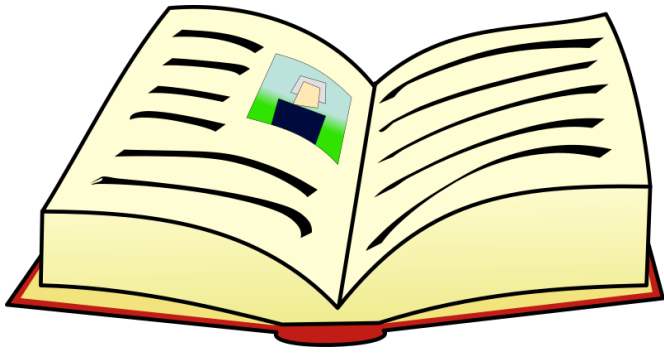












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