



General Information about Forming and Planning your Master Mind Group

Forming your Master Mind group

Membership – Groups self-form with 2 – 6 members sharing common interests. There will also be a table in the Community Center on designated Sundays to assist you in forming a group if you are new to the church and to answer questions.

Coordinator – While there is no group leader, it is recommended to have someone coordinate location, time and format. This role can be shared or rotated. The initial coordinator also ensures that the group has contact information for each member. Most groups rotate the role of coordinator for each meeting.

Guidelines – The following are suggested agreements, standard for all Master Mind Groups:

1. **Confidentiality** – What is discussed in the group is not shared with anyone else.
2. **Commitment** – To the time and frequency that is agreed upon. If someone is unable to attend, he/she should notify the group coordinator before the upcoming meeting. Consistency creates trust in the group.
3. **Intention** – Be present and aware of your focus in the group. Generally, it is best to concentrate on what you are giving to the group and the world rather than what you are receiving.
4. **Accountability** – Know the highest good for each member during and between meetings. Realize what they seek is already theirs and support them in reaching their goals. Holding someone accountable is not criticizing them for not completing a task but instead it is reminding them to step into their greatness.
5. **Master Mind Steps** – Are included in your brochure and it is recommended to bring them to each meeting.

Group Meeting (45 – 60 minutes on average)

First meeting

1. **Introductions** – Each group member introduces themselves and their intention for the Master Mind group.
2. **Set Guidelines** – As outlined above.
3. **Follow steps 2-5** – Listed below.

Subsequent meetings

1. **Opening** – Welcome.
2. **Coordinator/location** – Rotate this and decide for the next meeting.
3. **Sharing** – Given 3 to 5 minutes, each member shares about their week...accomplishments, wins, or good news. This reconnects everyone and creates excitement about the group.
4. **Intention First Meeting** – Everyone shares their intention for the upcoming week. This is an opportunity to ask for help with any challenges, new opportunities, or brainstorming. Group members will have the chance to exchange ideas and provide support. Depending on how much time you have and how many members, each person can speak approximately 5 to 10 minutes. It is important that everyone has the opportunity to share.
5. **Master Mind Steps** – The meeting is closed by the group reading aloud the **Master Mind Steps** one at a time. At step #5, each person expresses their intention for the week. Individually, members respond with: *“I know that the Master Mind has heard your request, and it is responding to your desire.”* After everyone has completed step #5, the group continues to read aloud steps 6, 7 and 8.

For more information or questions, e-mail: mm@milehichurch.org



Mile Hi Church

It's different here.